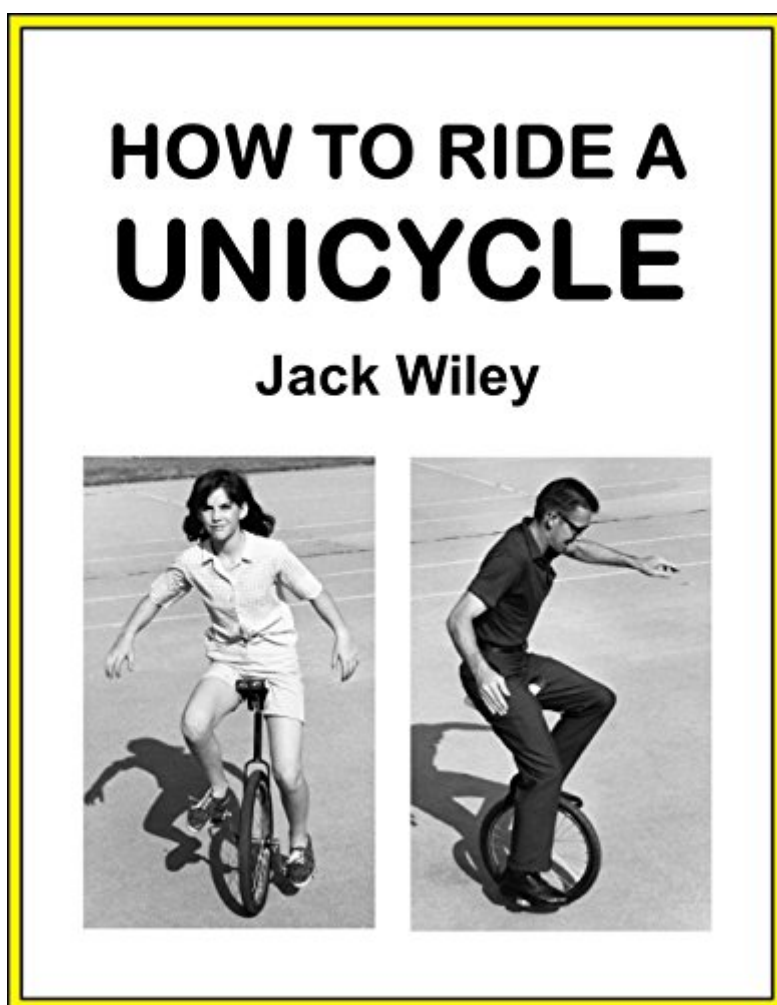


The book was found

How To Ride A Unicycle



Synopsis

This book details a proven step-by-step method for learning to ride a unicycle. The printed version of this book has sold over 20,000 copies. By popular demand, this book is now available in this updated Kindle e-book version. This book introduces the standard unicycle and goes on to the basic principles of unicycling, details the steps in learning to ride, and covers basic skills such as mounting, turning, idling, dismounting, and riding backwards. Partner and group skills are detailed.

Book Information

File Size: 1502 KB

Print Length: 61 pages

Simultaneous Device Usage: Unlimited

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Customer Reviews

First off I have been putting 30+ hours in learning how to ride before I read this book so I felt most of the content I already know. It shows only how to learn with one or two persons by your side. The great content I got out of are:- the explanation of the mechanics of unicycles by imagining you balancing a wooden stick on a palm of your hand.- the control of the unicycle is in the pedaling more than the upper body movement or your arms- as you fall forward, pedaling forward to keep on- learning to ride backwards as you learn to ride forward. That way you do not handicap yourself in only one direction. I read this book on my kindle. It is a very fast read.

Great instructions. Wasn't sure since the cover looks so old but I guess older is better. Grandson was riding in no time.

Purchased a unicycle as gift for a family member. I downloaded the book on my kindle first to review then ordered the book

Greatyggfcc

Great

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